

# CERTIFICATE OF PARTICIPATION

This is to certify that

**James  
Phahlamohana**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:13:55**

**PACE 06:21/km**

**GENDER 149 of  
324**

**OVERALL 183 of 530**

**50+ 23 of 54**

16 February 2019, Sat

Date



*BoutTime*

Signature

